



Fujifilm Field Service USA Director Steve Lynn presents Bert-Co employees Sandy Woodside (left) and Tammie Clark with a well-earned thanks as well as donations in their honor to the American Heart Association. The two women saved Fujifilm employee Harry Allen's life Feb. 27 when he suffered a heart attack.  
TAREN EASTEP / WKSJ RADIO

## Heroes Are Made in a Moment

by Taren Eastep  
WKSJ NEWS DIRECTOR

Life can change in an instant. Moments were all it took for two women to save a man's life on a February day in Pulaski.

Harry Allen, a customer support technician with Fujifilm, was making a routine stop at Bert-Co Feb. 27, when tragedy struck. The 40-year veteran sat his toolbag down and suddenly collapsed.

Immediately, Bert-Co employees Tammie Clark and Sandy Woodside sprang into action.

While Clark administered CPR, Woodside dialed 911. The two capably assisted until Giles EMS arrived on the scene.

Allen had suffered a massive heart attack. He was trans-

ported to Southern Tennessee Regional Health System Pulaski and life-flighted to Vanderbilt where he underwent triple bypass surgery.

Were it not for Clark and Woodside, said Bert-Co and Fujifilm executives, Allen may not be alive today. Had the two not acted in such a swift, heroic manner, said Bert-Co Manager Brian Johnson, Allen would have been without oxygen for seven minutes until EMS arrived. "At first we weren't sure he was going to make it," said Fujifilm South East Region Group Leader Richard Toth. "But the doctors said they were told by paramedics that the CPR saved his life." "We were in the right place at the right time," said Woodside.

"He was standing there talking and looked down and then just fell backwards. Luckily, Tammie was in there with me." Clark said she was part of a safety crew at her previous job, and was certified in CPR three years ago. "I checked him out and didn't feel a pulse. He wasn't breathing. He wasn't responding, so I just started the chest compressions."

Allen is recuperating at home near Nashville and was unable to participate in a ceremony honoring the two women March 19; however, his employers wanted to honor them.

"We wanted to make sure that both Tammie and Sandy were recognized for basically saving the life of Harry Allen," said

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Fujifilm Field Service USA Director Steve Lynn. "We made a donation to the American Heart Association in their honor, just to make sure they are recognized for their quick actions, for saving the life of a longtime Fujifilm employee."

Although by all accounts they saved a man's life, the two women said they do not consider themselves heroes.

"We just did what was right," said Clark, as Woodside nodded in agreement.



Bert-Co